

QuenbyCradle



How to use...

For pregnancies up to 14 weeks gestation

You may wish to use the cradle if you experience:

- Vaginal bleeding in early pregnancy
- A sensation of pressure similar to needing to go to the toilet
- A confirmed miscarriage that has not yet passed
- Medical management of miscarriage

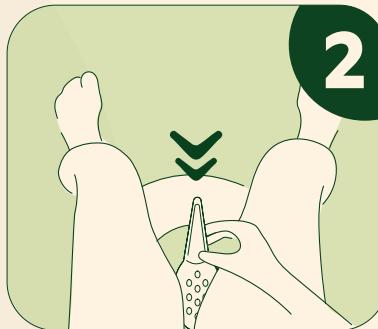
How to Use the Quenby Cradle:



1

Sit on the toilet

Make yourself comfortable in a position that feels natural to you.



2

Position the Cradle

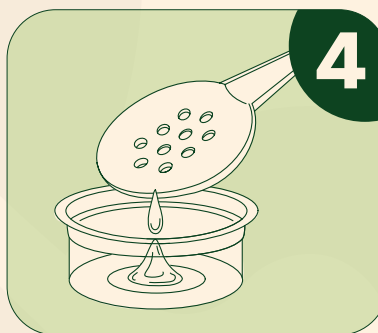
Hold the handle between your legs so that the cradle is positioned below the vaginal opening.



3

Use the toilet as normal

Allow pregnancy material to pass naturally into the cradle.



4

Transfer the collected material

If you wish to keep the collected material, place it in a suitable container.

Follow any guidance provided by your healthcare professional.



5

Clean and store the cradle if needed

If no pregnancy material is passed, rinse the cradle with warm water and mild soap.

Store safely in its bag for future use if needed.

Support and next steps:

If you have any concerns, contact your local early pregnancy unit.

For support, visit
Tommy's Miscarriage Support.
<https://www.tommys.org>

